



RESOURCES IN YOUR COMMUNITY

If you or someone you know is in crisis - **Please call 211.**

It is always FREE, CONFIDENTIAL and AVAILABLE 24/7.

Can help with *Emergency shelter *Rent assistance *Utility assistance *Substance abuse
*Elder services *Relationships *Food *Depression *Employment *Health care *Abuse
*Parenting *Crisis intervention *Suicide prevention *Disaster recovery *and more

The Johnstown-Monroe School District does not offer an opinion as to the need for, or quality of, listed services or supports; this resource list is offered to assist families in our district research options. It may not include all available supports as community and private agencies can change. Please call the guidance counselor or student support specialist at one of our schools for further assistance.

COMMUNITY SUPPORT AGENCIES

Behavioral Healthcare Partners of Central Ohio, Inc.

Outpatient Mental Health Treatment

Residential and Outpatient Alcohol and Drug Treatment

P.O. Box 4670, Newark, Ohio 43058

Main Line: (740) 522-8477

1 (800) 593-6330

Crisis Intervention Services Line: Monday-Friday 8am-5pm: 1 (877) 593-6330

All other times: dial 211 or 1 (800) 544-1601

Website: <http://www.bhcpartners.org/>

Cost: Accepts Medicaid and many insurance plans; otherwise, may offer a sliding scale

Services:

- Urgent care desk at Licking Memorial Hospital from 4 p.m. – 11 p.m. for more immediate mental health assistance
- Outpatient Therapy: Individual, family, and group therapy; alcohol/drug treatment services
- Crisis Intervention: 24/7 emergency response for youth and adults experiencing a mental health or alcohol/drug crisis.
- Also offered: assessment; case management; community housing assistance, employee assistance services; intensive community-based teams; intensive home-based treatment; medical/psychiatric; representative payee; residential alcohol/drug treatment; residential housing; school based programming; vocational services. Visit website or call main line for more information.

Boundless

Coordinated care for intellectual/developmental disabilities and behavioral health challenges

The Boundless family of companies has nearly forty years of expertise providing person-centered care to children, adults, and families with intellectual and developmental disabilities and/or behavioral health challenges.

- Center-Based Program for Youth with Autism
- Outpatient Behavioral Health
- Parent-Directed Program
- Summer Youth Programs

140 W. Church Street

Newark, OH 43055

(740) 334-4056

Website: www.infor@imboundless.org



Heartbeats of Licking County

Pregnancy support and New parent assistance

336 E Main St, Newark, OH 43055

Main Line: (740) 349-7558

Website: <https://heartbeats.org/>

Hospice of Central Ohio

Grief Support

Main Line: (740) 788-1400

Website: <https://hospiceofcentralohio.org/grief-healing/>

Integrated Services

Outpatient Mental Health Treatment

For youth and adults experiencing mental health or alcohol/drug crisis level challenges

- Home and community based throughout Licking County
- Accepts agency and self-referral

131 West Main Street

Newark, OH 43130

1-800-321-8293

Website: <https://integratedservice.org/>

Licking Alcoholism Prevention Program (LAPP)

Outpatient Drug and Alcohol Treatment

Main Line: (740) 366-7303

Website: www.lapp.cc

Licking County Board of Developmental Disabilities

Home and Community Based Support

- Birth-to-three-years-old support for children
- Case management for all eligible developmental disabilities, all ages
- Job training and support for young teens and adults with developmental disabilities

116 N 22nd St, Newark, OH 43055

(740) 349-6588

Website: <http://lcountydd.org/>

Licking County Children and Families First Council

Service Coordination and Wrap Around support for high need children

- Family centered support for all ages
- Designated support person to navigate multi-system involved children
- Referrals come from community agencies and interested families
- Website has link to access parenting support

(740) 670-8844

Website: <https://www.lcfamilies.org/>

Licking County Health Department

Vaccinations, WIC, Public Health Nursing, Help Me Grow

Main Line: (740) 349-6535

Website: www.lickingcohealth.org



Licking County Job and Family Services

*Employment training, Cash assistance, Medical coverage, Food assistance
Social services supports for all ages*

Main Line: (740) 670-8999

Website: www.lickingcountyjfs.com

The Main Place Inc. of Licking County

Consumer-Operated Recovery Services

Main Line: (740) 345-6246

Website: www.themainplace.org

Mental Health America of Licking County

Mental Health Advocacy, Education and Prevention

65 Messimer Drive, Newark, Ohio 43055

Main Line: (740) 522-1341

Email: mhalc@alink.com

Website: www.mhalc.org

Programs: Bridges Out of Poverty; Compeer; Girls in Progress; Parent Support; Self-Advocacy; Suicide Prevention; Youth Engaged in Service (YES) Club

Mid Ohio Psychological Services, Inc.

68 West Church Street, Suite 318, Newark, Ohio 43055

Main Line: (740) 281-1777

Website: <http://www.mopsohio.com/>

Cost: Accepts Medicaid; otherwise, out-of-pocket

Services: Provides individual and/or family counseling to children 5+ and their families

National Youth Advocate Program

15 N Third Street, Suite 300, Newark, Ohio 43055

Main Line: (740) 349-7511

Website: <http://www.nyap.org/>

Services: Behavioral and Mental Health, Emergency Shelter, Foster Care, Crisis Services, etc.

Nationwide Children's Hospital Behavioral Health Services: Newark Close to Home

75 South Terrace Avenue

Newark, OH 43055

Website: <https://www.nationwidechildrens.org/locations/close-to-home-locations/newark>

Main Line: (740) 522-3221

Services: Outpatient behavioral and mental health supports by appointment.

Opportunities for Ohioans with Disabilities

www.ood.ohio.gov

(800) 645-1094

Jobs, independence and benefits for all Ohioans with disabilities.

- Supports for visual impairments
- Vocational rehabilitation – job support for students from age thirteen through adulthood
- Disability determination



PATHWAYS of Central Ohio Serving Licking and Knox Counties

Drug and Alcohol Prevention and Community Hotline

1627 Bryn Mawr Drive, Newark, Ohio 43055

Main Line: (740) 345-6166

Parent Education Center Line: (740) 345-6166 x 230

Main Website: <http://pathwaysofcentralohio.com>

Parent Education Center Website: <http://pathwaysofcentralohio.com/parent-education-center/>

Cost: NO CHARGE

Services:

- Individual and/or family counseling: Direct services not provided—refers to counseling services in the area
- Parenting groups: Parent Education Center provides programs to meet the needs of parents and their children through parenting workshops, individualized parenting programs brought to your home, and empowering parents to become advocates for their children.

PBJ Connections

Individual and group counseling

- Horse assisted individual and group counseling
- Traditional and office based counseling
- Family coaching
- Accepts many insurance companies

9734 Jug Street Rd NW,

Pataskala OH 43062

Phone: (740) 924-7543

Website: <http://www.pbjconnections.org/>

The Village Network

14 Sandalwood Drive Newark OH 43055

Main Line: (740) 788-8850

Services:

- Outpatient: Individual, family, and group therapy/counseling
- Works with multiple insurances

The Woodlands Serving Central Ohio, Inc

Outpatient Mental Health Treatment and Shelter for Victims of Domestic Violence

195 Union Street, Suite B-1, Newark, Ohio 43055

Main Line: (740) 349-7066

Website: <http://www.thewoodland.org/>

Cost: Accepts Medicaid, Medicare, and most insurances. Funding may be available for individuals without insurance.

Services:

- Outpatient: Individual, family, and group therapy/counseling for individual aged 6+
- Center for New Beginnings: Free, confidential emergency shelter and services to individuals who are victims of domestic violence.
- Outreach services: Educational programming/courses to address anger management, domestic violence, children and divorce, and healthy dating relationships among teens.



ADDITIONAL RESOURCES IN BORDER COUNTIES

Access Ohio

www.accessoh.com

99 N. Brice Rd. Columbus, Ohio 43213

8100 Ravines Edge Court Worthington, Ohio 43235

(614) 367-7700

Programs: individual and group counseling, psychiatry, medication management and psychological evaluations; helps kids with ADHD, autism, bipolar disorder, depression, OCD, post-traumatic stress disorder, behavior problems and more Eligibility: males and females, age 2 and older Cost: government insurance (Medicaid, Molina, Caresource) and limited private insurance, no self-pay Referral: individuals may refer themselves or be referred by a physician or organization

Columbus Springs, Inc.

<https://columbussprings.com/>

Treatment of addiction and mental health at four locations:

Columbus Springs Dublin

Inpatient & Outpatient Programs for Adults

7625 Hospital Drive

Dublin, OH 43016

614-344-9209

Changes®

Adult & Adolescent Outpatient Programs

6810 Perimeter West, Suite 100B

Dublin, OH 43016

614-379-3878

Columbus Springs East

Inpatient & Outpatient Programs for Adults

2085 Citygate Drive

Columbus, OH 43219

614-350-4532

Changes®

Adult, Child & Adolescent Outpatient Programs

1310 Hill Rd N., Suite 104

Pickerington, OH 43147

614-962-6488

Columbus Behavioral Health

www.columbusbehavioralhealth.com

5071 Forest Drive, Suite B, New Albany, OH 43054

(614) 360-2600

Programs: office-based counseling for mental health concerns, such as depression, ADHD, school problems and other concerns, medication management

Cost: private insurance and self-pay (sliding scale fees based on income)

Referral: individuals may refer themselves

Concord Counseling Services

www.concordcounseling.org

774 Park Meadow Rd. Westerville, Ohio 43081

(614) 882-9338, ext 205

Programs: office-based counseling for mental health concerns, such as depression, ADHD, school problems and other concerns, psychiatry, no ADHD testing but counseling and psychiatric management for kids with ADHD

Eligibility: males and females, age 4 and older Cost: government insurance (Medicaid, Molina, Caresource),

private insurance and self-pay (sliding scale fees based on income) Referral: individuals may refer themselves or be referred by a physician or organization



Directions for Youth & Families

www.dfyf.org
1515 Indianola Ave. Columbus, Ohio 43201 614-294-2661
1414 E. Broad St. Columbus, Ohio 43205 614-294-2661
Program: in-home individual and family counseling and group counseling for kids with drug and alcohol abuse issues Eligibility: males and females, ages 12 to 17 Cost: government insurance (Medicaid, Molina, Caresource), private insurance and self-pay (sliding scale fees based on income) Referral: individuals may refer themselves or be referred by someone else

Dublin Counseling Center (DCC)

www.dublincounselingcenter.org
299 Cramer Creek Ct. Dublin, Ohio 43017
(614) 889-5722
Programs: office-based individual and group counseling, family counseling, psychological evaluations, no psychiatry services, limited substance abuse counseling, case management services; offers wide range of counseling services to help with issues such as ADHD/ADD, trauma, violence, physical and sexual abuse, anxiety, depression, eating disorders and behavior problems; support groups for adults as well Eligibility: males and females, age 4 and older Cost: government insurance (Medicaid, Molina, Caresource), private insurance and self-pay Referral: individuals may refer themselves or be referred by a physician or organization

Nationwide Children's Hospital Behavioral Health Services

www.nationwidechildrens.org
(614) 355-8080
Programs: office-based individual and family counseling, offers many programs, including substance abuse counseling, anger management, developmental delays, behavior problems, ADHD, exposure to violence, depression, anxiety, autism, psychiatry, medication management, psychological evaluations, developmental assessments, parenting classes and eating disorder management Eligibility: males and females, birth to age 21 Cost: government insurance (Medicaid, Molina, Caresource), private insurance, selfpay Referral: patients may refer themselves or be referred by a physician

North Central Mental Health Family Focus

www.ncmhs.org
1301 N. High St. Columbus, Ohio 43201
(614) 227-6865
Programs: office-based individual substance abuse counseling, psychiatry, parenting classes and psychiatric evaluations Eligibility: males and females, teens and adults Cost: government insurance (Medicaid, Molina, Caresource), occasionally self-pay, no private insurance Referral: individuals may refer themselves or be referred by a physician or organization

Northwest Counseling Services

www.northwestcounselingservices.org
1560 Fishinger Rd. Columbus, Ohio 43221
(614) 457-7876
Programs: office-based individual and group counseling, psychiatry, family counseling, parenting education, support groups, offers help to kids with ADHD, poor school performance, family conflict, behavior problems, and more Eligibility: males and females, teens and adults Cost: government insurance (Medicaid, Molina, Caresource), private insurance and self-pay (sliding scale fees based on income) Referral: individuals may refer themselves or be referred by a physician or organization



OhioGuidestone – Franklin County

195 N Grant Ave, Suite 250, Columbus, Ohio 43215

Main Line: (888) 522-9174

Service Inquiry: (440) 260-8300

Website: <http://www.ohioguidestone.org/>

Programs: Home and Community Based Counseling and Support; Individual Youth Mentoring; Parent Mentoring, Early Childhood Mental Health Services; Maternal Depression Counseling Services; Psychiatric Services; Addiction Treatment

Additional Information: Offers faith-based services; Must have referral for home-based counseling services; Accepts Medicare, Medicaid, Medical Mutual, and Anthem

Ohio State University

Wexner Medical Center Harding Hospital

www.wexnermedical.osu.edu

1670 Upham Dr, Columbus, OH 43210

(614) 292-9560

Program: Teen Intensive Outpatient Program supporting students who may be struggling with mental health concerns and would benefit from learning coping skills in a group environment.

Pomegranate Health Systems

765 Pierce Dr. Columbus, Ohio 43223

Main Line: (800) 476-3139

Program: Treats a wide range of disorders including anxiety, depression, addiction disorders and psychotic disorders in an acute inpatient setting; In-patient residential psychiatry services, psychiatry assessments, crisis, and emergency adolescent services, acute psychiatric hospitalization

Eligibility: males and females, ages 12 to 17

Cost: private insurances, employer health plans and self-pay, no government insurance

Referral: individuals may refer themselves or be referred by someone else.

Website: www.pomegranatehealthsystems.com

Providers for Healthy Living

Hilliard - 3535 Fishinger Blvd, Suite 110

Gahanna - 540 Offcenter Pl, Suite 160

Mansfield - 1221 S. Trimble Rd, Building C

Lewis Center - 8351 N. High St, Suite 155

(614) 664-3595

(419) 605-9817

Website: <https://www.providersforhealthyliving.com/>

Psychiatric medication management, therapy/counseling (individual, couples/marriage, family, group), psychological testing, EMDR, DBT, art therapy, biofeedback, hypnotherapy, nutrition/dietitian consults/counseling, and weight loss/management services to patients from 3 to 55.



Rosemont Center

www.rosemont.org

2440 Dawnlight Ave. Columbus, Ohio 43211

(614) 416-8709 or (614) 471-2626

Programs: Office-based individual and family counseling and psychiatry, case management services, foster care services, in-home services, sexual abuse treatment, intensive and partial hospitalization services for children with severe mental disorders; Offers a wide range of services for children and teens with school difficulties, ADHD, aggression, anger, involvement in the criminal justice system, sexual abuse, bipolar disorder, depression and other general mental health issues. They will see children with substance abuse problems but it needs to be a secondary problem (and not the major diagnosis). Eligibility: males and females, all ages up to age 19 Cost: government insurance (Medicaid, Molina, Caresource), private insurance and self-pay Referral: individuals may refer themselves or be referred by a physician or organization

St. Vincent Family Center

www.svfc.org

1490 E. Main St. Columbus, Ohio 43205

(614) 252-0731

Programs: intensive services and partial hospitalization for children with severe behavioral and emotional challenges, case management services, specialized Hispanic and Latino services, residential programs, help for children at risk of being expelled from school or at risk of being placed in foster care, office-based counseling and psychiatry, generally no substance abuse or eating disorder counseling Eligibility: males and females, ages 2 to 18 Cost: government insurance (Medicaid, Molina, Caresource), self-pay (sliding scale fees based on income), only occasionally private insurance Referral: individuals may refer themselves or be referred by a physician or organization

Southeast, Inc. Brooks Building Kids Program

www.southeastinc.com

700 Bryden Rd. Columbus, Ohio 43215

(614) 360-0200

Programs: office-based group and individual counseling for general mental health programs (ADHD, bipolar disorder, depression, behavior problems and more), psychiatry, family counseling, school programs Eligibility: males and females, age 3 and older Cost: government insurance (Medicaid, Molina, Caresource), private insurance and self-pay (sliding scale fees based on income) Referral: individuals may refer themselves or be referred by a physician

Specialized Alternatives for Families and Youth (SAFY)

www.safy.org

4615 Hilton Corporate Dr. Columbus, Ohio 43232

(800) 590-7239 or (614) 729-2024

Programs: office-based individual and group counseling, psychiatry services, diagnostic assessment, in-home services, foster care services, juvenile justice programs and teen parenting classes. They primarily work with youth and families involved in the foster care system (or at risk for foster care placement), but they have expanded their mental health services to include children not involved in the foster care system as well. Eligibility: males and females, ages 4 to 21, including kids in foster care and kids not involved in the foster care system



Stonewall Columbus

<https://stonewallcolumbus.org>

1160 N High Street, Columbus, OH 43201

(614) 299-7764

Programs: Comprehensive services and supports for the Greater Columbus LGBTQ+ community. Counseling, Veteran's support, Trans resources, Peer support, Advocacy

Youth Advocate Services (YAS)

www.yasohio.org

825 Grandview Ave. Columbus, Ohio 43215

(614) 258-9927 t

Programs: individual and group counseling for youth with significant at-risk behaviors, psychiatry, assessment services, family counseling, in-home services, case management services, substance abuse counseling, services for children in the foster care system and also at-risk children who are not involved in the foster care system

Eligibility: males and females, all ages up to 21 Cost: government insurance (Medicaid, Molina, Caresource)

only, no private insurance or self-pay Referral: individuals may refer themselves but are typically referred through other agencies, community programs, or schools

INDIVIDUAL AND FAMILY COUNSELING: PRIVATE PRACTICE

TIP: When seeking therapists, look for someone who uses Interpersonal Psychotherapy, Cognitive Behavioral Therapy, or Family Therapy, or a combination of these. In general, these approaches have the strongest support in the scientific literature for counseling children.

Associates in Counseling

(740) 522-4672

www.associatesincounseling.org

William Benninger, Ph.D.

(614) 888-2343

Jolie Brams, Ph.D. & Associates

(614) 457-0077

The Center for Balanced Living

(614) 293-9550

www.centerforeatingdisorders.org

Columbus Behavioral Health

<https://www.columbusbehavioralhealth.com>

Jaclyn Groh, LISW-S

5071 Forest Drive

Suite B

New Albany, OH 43054

(614) 360-2600

OSU Family Medicine

Various Locations

To make an appointment, contact individual therapists listed on their website:

<http://familymedicine.osu.edu/9869.cfm>

Questions about cost of services: (614) 384-7203

Cynthia McElroy, LISW, LICDC

(740) 587-2902

Newark-Granville Psychological & Counseling Services

(740) 587-5252

www.ngpcs.com

Calisa Nickelson

Seasons Life Coaching and Counseling

Gahanna, Ohio 43230

(614) 210-3282

Mackenzie Peterson, PhD

(740) 587-0222



**JOHNSTOWN-MONROE
LOCAL SCHOOLS**

Columbus Springs
Full service (evaluation, family, group,
and individual treatment options)
(614) 652-3998 Dublin
(614) 962-6488 Pickerington

Andrew Colvin, PhD
(614) 430-9870

Karen S. Cowie, LISW-S, LICDC
(740) 507-6707
www.midohiocounseling.com

Debbie E. Dickson, MSW, LISW-S
(740) 587-2822

Granville Counseling Center
Meg Grossman, LISW
L. Darlene Compton, LISW-S
(740) 587-1720

Providers for Healthy Living: Gahanna
(614) 664-3595

Psychological Consultants & Affiliates, Inc.
(740) 522-2230
www.psychologicalconsultants.net

Beth Rosner, PhD LLC
Westerville, Ohio 43081
(614) 383-9987

Steven Schwartz, PhD & Associates
(614) 841-1101

The OSU Couple and Family Therapy Clinic
Ste 110 Bevis Hall, 1080 Carmack Rd
Columbus, OH 43210
(614) 292-3671

PARENT SUPPORT GROUPS

Donna Gibson, Parent Support Coordinator
Mental Health America of Licking County
65 Messimer Drive, Newark, Ohio 43055
Direct Line: (740) 788-0300
Main Line: (740) 522-1341
Email: parentsupportbop@mhalc.org
Website: http://mhalc.org/?page_id=1604
Services: Offers parent support groups all over Licking County. Subject to availability. Contact Donna to determine what groups are available and what would best meet your needs.

National Alliance on Mental Illness (NAMI), Inc.
Provides mental health education, support, and advocacy.
Hours are weekdays, TUESDAY, WEDNESDAY, THURSDAY 10:00 a.m. - 4:00 p.m. EST
Phone: (740) 397-3088
Email: namiklcoho@embarqmail.com
Address: 15 E. Vine Street FRONT, Mount Vernon, OH 43050



ON-LINE RESOURCES

Ohio Children's Alliance

Statewide advocacy organization for support of all Ohio children

Offers links to community resources through "Find a Service" tab on main page

<http://www.ohiochildrensalliance.org/>

Project AWARE Ohio

Comprehensive listing of available on-line tools and resources

http://resources.oberlinkconsulting.com/uploads/compendiums/A_Collection_of_Mental_and_Behavioral_Health_Online_Resources.pdf

The Trevor Project

<https://www.thetrevorproject.org/>

Founded in 1998 by the creators of the Academy Award®-winning short film TREVOR, The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25.